

## **‘Go Red for Women Campaign’ for testing women cardiac health problems**

Cardiac health tests for women were conducted over two days at the Beirut City Center in collaboration with the Bellevue University Medical Center, as part of a campaign entitled ‘Go Red for Women’ that was carried out by Majed Al Futaym Real Estate Companies.

Accordingly, tests related to cardiovascular disease were performed for hundreds of women and included testing for blood pressure, body mass index, blood sugar, and cholesterol levels. Furthermore, and as part of the campaign, women were provided with consultation on fitness, and other preventive measures.

Dr. Ghassan Kiwan, Chief of Cardiology and Director of the American Heart Association training center at Bellevue Medical Center, emphasised the importance of the campaign, particularly so since statistics indicate that the rate of mortality from stroke and cardiovascular diseases is three times higher for women than for men and that more than two thirds of women who died from a heart attack had no knowledge of contracting the illness